|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| Work/Daily Priority – List 3 each day. |
| 1. *Start* weekly plan 22. Correct UI in game3. Reading 1 | 1. *Finish* weekly plan 22. GoTo Training with class Psychology of Play3. Reading 2 | 1. Discussion FIT Initial post2. Community Board Post3. Sweep and mop the house | 1. *Start* Bonus material2. Scour bathroom and shower3. Give Haley a bath | 1. *Finish* Bonus material2. Call mom about coming back soon3. Make homemade dog treats | 1. Discussion FIT Response post2. Brain Teaser3. Mom and dad get back | 1. Rest2. Rest3. Rest |
| Play |
|  Balance game mechanics |  Restart programming for bullets | Make something new for dinner | Netflix movie night with Babe | Rent a Redbox movie with Babe | Learn to make Sushi, always wanted to, why not now! | Make a new yummy dessert to try |
| Fit/Wellness |
|  Rest |  Walk Haley at Lake | Take Haley to puppy park | Walk Haley at Lake | Walk Haley at Lake | Walk Haley at Lake | Take Haley to puppy park |
| Push |
|  Rest | Start Learning C++ | Make something new with C++ | Watch a Tutorial on C++ |  Meet a new classmate |  *Plan* an Email to Epic about me and where I want to be in 2 years |  Finalize Email Epic about my college and that I am more than interested in an internship |
| Week 2 Reflection Question – Minimum of 5-6 detailed sentences |
| 1. What is your experience so far with making changes in the way you manage your time or change your behavior? In my experience of making changes with behavior, it helps to lay things out and plan them, so you can better understand how they work together. If you lay out your week in front of you, it is much easier to make changes to sticky notes of a word document than it is to make changes to a daily and hourly planner; moving one thing in an hourly planner can throw potentially tens or hundreds more off on a busy week. I find thinking more in depth about one topic easier to focus on, then I can plan how to do said task in the most efficient manner possible. Behavior can affect your productivity, in turn affecting your time management. If your attitude is one of just trying to get through an activity, it will take much longer than if you have a happy and optimistic outlook. Managing time is about so much more than just putting blocks into times, it is about how you manage your lifestyle to compliment your skills and tasks, how to make yourself more productive without sacrificing what you need. |

 Austin Bunker's Weekly Plan – Week 2